



## MY TIMELINE



### What Can I do in High School?

Take the **ACT** and **SAT**

Complete College Applications:  
**The Common Application**  
**CFNC** and  
Individual applications.

Be aware of transcripts and  
transfer credit such as: Early  
College, AP, IB, CLEP or  
Transfer Credit.

Participate  
in extracurricular activities:  
Sports, jobs, clubs,  
organizations, volunteering.

### What Can I do in College?

Medical schools require you to have at least a  
Bachelor's Degree. You can **transfer** from a NC  
community college to public NC university and  
still go to medical school.

Picking a major does not effect your  
acceptance into medical school as long as you  
have the general course requirements.  
Generally: 1 year of Biology + labs, 1 year of  
General Chemistry + labs, 1 year of Organic  
Chemistry + labs, 1 year of Physics + labs.  
Suggested for MCAT prep: Psychology,  
Sociology, Anthropology, Biochemistry.

Other opportunities to distinguish  
your application include: Shadowing,  
volunteering, clinical experiences, research.

### What about Medical School and Residency?

Medical schools require you to take the **MCAT**  
exam at least one year before entering medical  
school.

**AMCAS** is the application for MD (allopathic).  
**AACOMAS** is the application for DO  
(osteopathic).

Applications open about one year before  
entering medical school. The application  
process includes: primary application,  
secondary application, and in person  
interviews.

Medical school is typically four years, but  
there are some programs that are **three** years.  
**Residency** is three years but sub specialties  
may take longer such as **sports medicine**.

## FAMILY MEDICINE DOCTORS...

Advocate for patients in  
the health care system

Can be either MD or DO

Care for patients of all  
ages and genders

Are needed in Western  
North Carolina

Manage chronic illnesses,  
coordinate with specialists,  
promote healthy lifestyles,  
conduct routine check ups, AND  
**MORE!**



## MORE INFORMATION?

US Bureau of Labor Statistics  
MCAT and AMCAS Fee Assistance  
Medical School Admissions Requirements  
Medical School Interview Resources  
My Next Move—Family Physician  
Fellowships within Family Medicine